

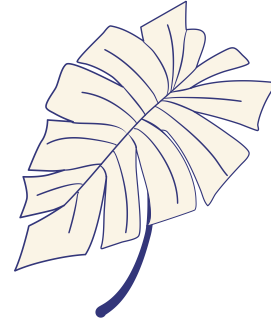
# NEW YEAR RESOLUTIONS

NAME

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DATE

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I want to **learn** this year

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I will eat these **healthy foods**

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I **want** to embrace these good habit

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**Travel**

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**Friends**

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**Family**

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Name: \_\_\_\_\_  
\_\_\_\_\_



# My New Year Resolutions

List your three major resolutions this year.

**Health**

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I want to achieve these goals by the end of this year.

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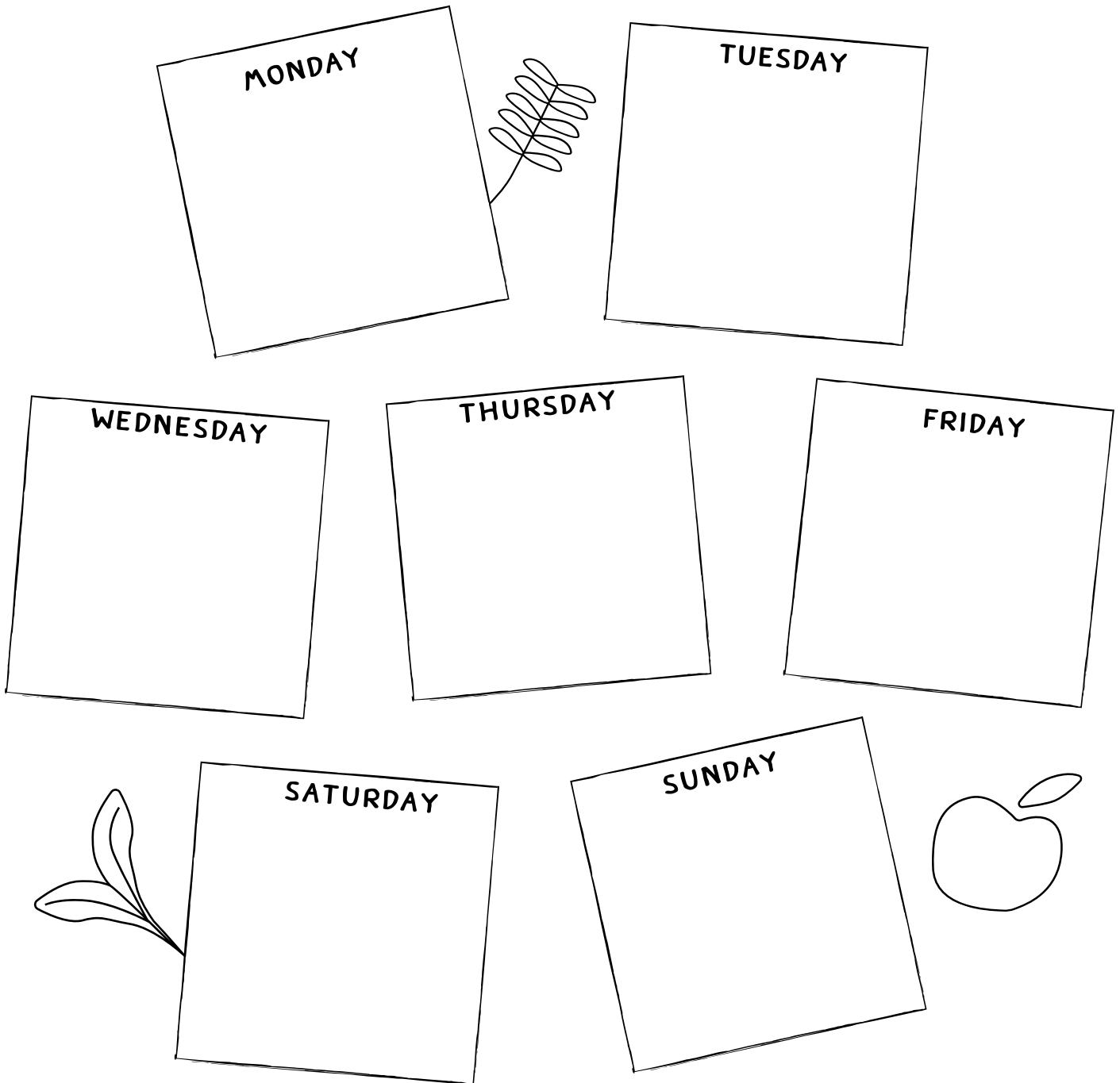
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# WEEKLY GOALS

Use this template to set your weekly goals.



A weekly goals template consisting of seven tilted rectangular boxes, one for each day of the week. The boxes are arranged in a circular pattern. Each box is labeled with a day of the week: MONDAY, TUESDAY, WEDNESDAY, THURSDAY, FRIDAY, SATURDAY, and SUNDAY. The boxes are empty, intended for writing goals. There are decorative line-art illustrations: a leafy branch between Monday and Tuesday, a leafy branch to the left of Saturday, and an apple to the right of Sunday.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

# I WANT TO ACHIEVE



**THIS MONTH**



List out your goals for the month. You can mention one or more ideas in each box. Each box denotes 10 days of the month.

**1-10**

**11-20**

**21-30**



Name: \_\_\_\_\_

Date: \_\_\_\_\_



# NEW YEAR GOALS

Setting goals for the new year means setting a road-map to your success. Achieving every single goal will motivate to work more.



A large rectangular area with a torn top edge, containing horizontal lines for writing. The lines are evenly spaced and extend across most of the width of the page.

